



Central Hockey Club
 Vygieskraal Hockey Complex
 Athlone

Covid 19: Risk Assessment Control Form

CLUB	Central Hockey Club	Risk Assessment completed by	DonPau Services
Location / Venue	Vygieskraal Sports Complex - Athlone	Designation	Safety Consultant
Date	11 June 2020	Club Representative	Mr. N Diedericks
Describe the Activity & location	Change Rooms / Kiosk / Medical Room / Club House / Ablutions / Dug – Out / Astro Turf – hockey related activities		

Step 1 Identify the activity & area	Step 2 What are the hazards?	Step 3 Who might be harmed and how?	Step 4 What are you already doing?	Current risk rating	Step 5 What further action is necessary?	Residual risk rating	How will the controls be implemented?		
							Action by	Due Date	When Completed
Players and Coaches	Spread of Covid-19 Coronavirus	Members; Players; Coaches; Staff; Visitors Anyone who may come into physical contact with Club facilities, members or staff	Limit numbers and access to Club facilities	HIGH	Educate players; parents; spectators; coaches and facility managers about COVID – 19 (If any contact with COVID-19 positive person, DO NOT visit facility. Self isolate and consult medical practioner)	MODERATE	Exco and Support Staff	07/2020	

					<p>Wash/sanitise hands before and after practice/training session and avoid touching your face.</p> <p>Exercise alongside each other or staggered instead of behind each other</p> <p>No handshakes or team huddles</p> <p>Maximum of 8 players per quarter of playing field</p> <p>Strict hygiene principals (no spitting/nose blowing/coughing)</p> <p>No sharing water bottles</p> <p>Disinfect equipment (beacons/balls) before and after use</p> <p>Only coach allowed to pick up balls and handle equipment</p> <p>No physical team meetings</p> <p>Wear masks</p>				
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					<p>Bleach balls between sessions (only touch balls with sticks)</p> <p>Avoid cleaning mouth guards on pitch</p> <p>No sharing of water bottles</p> <p>No coolers allowed in dug out</p>				
<p>Venue (Clubhouse / change rooms / kiosk / medical room / ablutions / Tech area / Dug-out)</p>	<p>Spread of Covid-19 Coronavirus</p>	<p>Members; Players; Coaches; Staff; Visitors</p> <p>Anyone who may come into physical contact with Club facilities, members or staff</p>		<p>HIGH</p>	<p>Disinfect objects and surfaces that are touched regularly in areas of high use (door handles/light switches/fridge doors etc)</p> <p>Define max persons on astro turf</p> <p>Organise access / egress to astro turf</p> <p>Spread out practice sessions to allow enough time for 1 group to vacate the premises before the next group arrives</p> <p>Spray sanitisers available for members, coaches and visitors (all areas)</p>	<p>MODERATE</p>	<p>Exco and Support Staff</p>	<p>07/2020</p>	

					<p>Communicate via email, web site, facebook, instagram</p> <p>Remove all refuse from dug-out after matches</p> <p>Sanitise dug-out and seating areas (including railings)</p> <p>Check in temperature screening (ensure social distancing)</p> <p>Appoint COVID-19 coordinator</p> <p>If a staff member, player, parent/guardian or spectator exhibits symptoms during an event, they should immediately be separated and sent home or to a medical practitioner</p> <p>No congregating in common areas</p> <p>Discontinue use of communal showers</p>				
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<p>Record keeping for Contact Tracing</p>	<p>Spread of Covid-19 Coronavirus</p>	<p>Members; Players; Coaches; Staff; Visitors</p> <p>Anyone who may come into physical contact with Club facilities, members or staff</p>		<p>HIGH</p>	<p>All participants to complete a COVID-19 information sheet containing the following:</p> <ul style="list-style-type: none"> ○ The participant understands the risk of COVID-19 ○ Potential of unintended transmission ○ Confirmation that to the best of their knowledge, they are currently disease/symptom (COVID-19 free) <p>All persons entering the facility to sign the waiver/disclaimer form on arrival. Document retention essential.</p>	<p>MODERATE</p>	<p>Exco and Support Staff</p>	<p>07/2020</p>	
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RISK ASSESSMENT RATING – Use this table to determine a risk rating					
1) What is the worst possible CONSEQUENCE of this hazard?					
2) What is the LIKELIHOOD of this occurring?					
RISK RATING	LIKELIHOOD				
CONSEQUENCE	Rare The event will only occur in exceptional circumstances	Unlikely The event is not likely to occur in a year	Possible The event may occur within a year	Likely The event is likely to occur within a year	Almost Certain The event is almost certain to occur within a year
Catastrophic (Accidental death / serious injury)	Significant Risk	Significant Risk	High Risk	High Risk	High Risk
Major (Serious injury)	Low Risk	Moderate Risk	Significant Risk	High Risk	High Risk
Moderate (Lost time due to workplace injury)	Low Risk	Low Risk	Moderate Risk	Significant Risk	High Risk
Minor (Minor workplace injury – no lost time)	Low Risk	Low Risk	Low Risk	Moderate Risk	Significant Risk
Minimal (No injury)	Low Risk	Low Risk	Low Risk	Low Risk	Moderate Risk

HIERARCHY OF CONTROLS	
Start at the top and work down	
<p>Most Effective</p> <p>Least Effective</p>	Elimination Eg. Discontinue use of product, equipment, cease work process
	Substitution Eg. Replace with a similar item that does the same job but with a lower hazard level
	Isolation Eg. Put a barrier between the person and the hazard
	Engineering controls Eg. Change the process, equipment or tools so the risk is reduced
	Administration controls Eg. Guidelines, procedures, rosters, training etc to minimise the risk
	Personal protective equipment Eg. Equipment worn to provide a temporary barrier

Documentation and approval			
Name	P A SMITH	Date	18/06/2020
Signature	DocuSigned by:  83CCEA84EA34492...	Contact No.	021 - 637 1439 / 060 770 8262 paul@donpauservices.co.za
Sign off by Club Representative		Date	/ /

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